



ALEXANDRA
CARE HOME *with* NURSING

POULTON-LE-FYLDE, LANCASHIRE
TELEPHONE 01253 893313



REGISTERED WITH
The National Care Standards Commission

ALEXANDRA

CARE HOME *with* NURSING

Alexandra Care Home with Nursing is well established and recognised locally for its delivery of an extremely high standard of care and a 'home from home', friendly atmosphere.

This stately home, part of which is a listed historical building, has modern purpose built extensions and includes 34 single rooms and 3 double rooms. Some of the rooms have en-suite facilities. We have a range of baths - hydraulic, electronically operated and some adapted with chair hoists. Since acquisition, the owner has completely refurbished Alexandra. It is light, bright, modern and airy



Left - One of four lounges which includes a sun lounge.

Below - Part of the large dining room.



Above - Six person passenger lift.

Right - Wide corridors with handrails.



Above - A typical bedroom.

Opposite - Part of the 'listed' areas of Alexandra - Entrance Hall and Minstrel Gallery leading to the lift.

in the accommodation and amenity areas, yet its classical splendour has been retained in the lounges and in reception. The large garden areas and patios are accessible to all clients - including wheelchair users via ramps.

Alexandra is easily accessible by road from all areas of the Fylde. It is situated close to local bus

routes and is only 5 minutes walk from Poulton-le-Fylde train station.

Alexandra is within walking distance of the local modern shopping centre and other amenities such as a public library and churches of all denominations.

For more information please telephone 01253 893313.



CARE AND FACILITIES

- Respite, short, long term and permanent stay for Nursing and Rest home clients.
- Individual care plans to include all aspects of our client's needs enabling us to deliver our "Philosophy of Care".
- Excellent 24 hour staffing levels of all grades of nursing and ancillary staff providing a high standard of care in a homely and friendly atmosphere.
- Ongoing training programmes for all grades of staff, for all care and nursing aspects and all statutory health and safety policies.
- Regular visits from local G.P.'s and other health care professionals, agencies and therapists.
- Visiting chiropodist, optician, dentist, hairdresser and clergy.
- Alternative medicine i.e. aromatherapy, accupuncture, and reflexology etc. can all be arranged.
- Open visiting, and family and friends are welcome to join in with in-house entertainment, social events and outings.
- Excellent cuisine with special diets catered for.
- Transport can be arranged for potential clients to view. "Join us for a cup of tea and a chat to get to know us."
- All inspection reports are available to be read at any time.
- Well resourced with latest moving and handling, medical, nursing and safety equipment.
- Continual maintenance and upgrading of decor, furnishings, equipment and resources.
- Up to date nurse call and fire alarm systems.
- Modern lifts to all floors.
- Ramped access to gardens and patio areas.

PHILOSOPHY OF CARE

Our PHILOSOPHY is for a 'HOLISTIC' approach, thus providing a high standard of **INDIVIDUAL CARE** for each of our clients through individual assessment, planning and implementation of care for each of our clients' **PHYSICAL, PSYCHOLOGICAL, SOCIAL, SPIRITUAL** and **CULTURAL** needs.

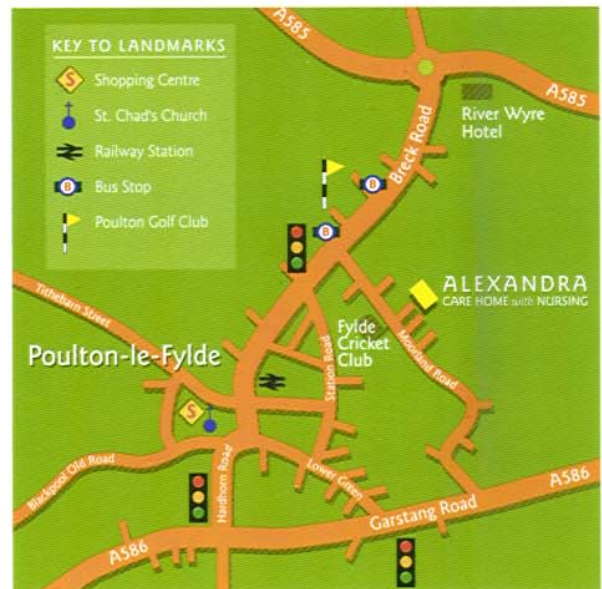
We also endeavour to **RESPECT CLIENTS'** needs for **DIGNITY, SAFETY, INDEPENDENCE** and **CONFIDENTIALITY AT ALL TIMES**

NOTES

HOW TO FIND US



Poulton-le-Fylde is positioned at the heart of the Fylde. It is easily accessible via a good road and motorway network - Blackpool, Cleveleys and Fleetwood are a short car journey away. Both Lancaster and Preston are within a 30 minute drive of Poulton-le-Fylde.



Alexandra is situated close to the main road. It has its own driveway off Moorland Road, opposite the entrance to Fylde Cricket Club. The home is near to local bus services as well as being within walking distance of Poulton town centre. The railway station and Teanlowe Shopping precinct are both within easy reach.

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